

**Face Reading Learn what your
face has to say**

**The Power of Face Reading your
face never lies**



This post on week 236 is about one of my favorite and most fascinating subjects I have studied. When I lived in China I was introduced to Face Reading and anytime I could I would go to learn from the readers Wow, it is like they know your whole story. A well tuned professional face reader can describe you and your ancestors so well that it may make you feel that he

or she has been involved in your life on a daily basis. It is amazing. The accuracy and finesse of the system.

You may know someone whom people adore. Most likely this person isn't wrinkle-free and doesn't have perfect features, this is our blueprint of our feelings, the day to day history of our lives, I notice when people gets plastic surgery in a few months people started to go back to how they looked before, that inspired me to do some research on the source of this fact and I remember my studies on Face Reading and Bingo!! there it was we make all these lines. Droopiness and all those details that we start resenting and disliking, but if we get to know why it is happening our perception shifts to the understanding that if we made it we can change it, Chinese medicine teaches all the organs involved in Skin, Muscles, and basically the whole body, we are fully interconnected, I notice that when I teach this subject people are very surprised. It is amazing to me that most people don't have a conscious relationship that we are fully connected mind, body, and spirit. For the most part, everyone is running around so fast and the common denominator is I don't have time!!!! So when we are in our heads all the time it is no wonder we feel that we get up and function all day with just your head. Well, sweet dear readers that definitely is not it and if you wish to change your physiognomy this post can help you along, I love to be able to understand how my whole system works and many miracles happen in our bodies minute to minute. Please enjoy and share so many people can benefit from it.



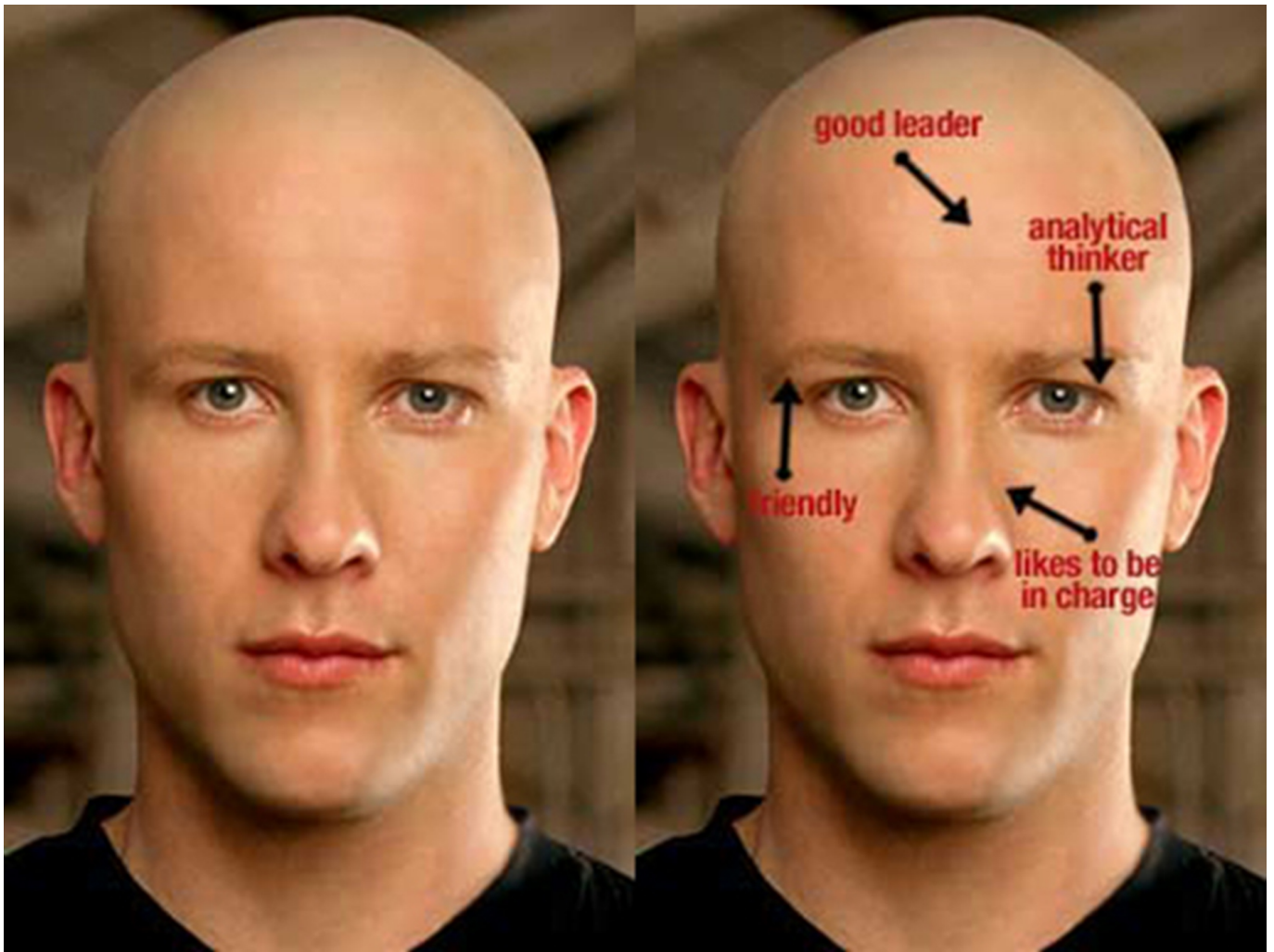
She was a perfect sample of the radiance,

kindness, and compassion that read through her beauty.

Yet when he or she walks into a room, everyone's heart just soars. What they are responding to is the information that radiates out from that individual's face and body language. When people are living according to their true nature, everyone finds them beautiful.

With that being said, here we are posting a few facts about face reading there is so much more to it, we will continue to share with you in the future, here you can research more than the post with the links provided.

What certain areas of the face mean

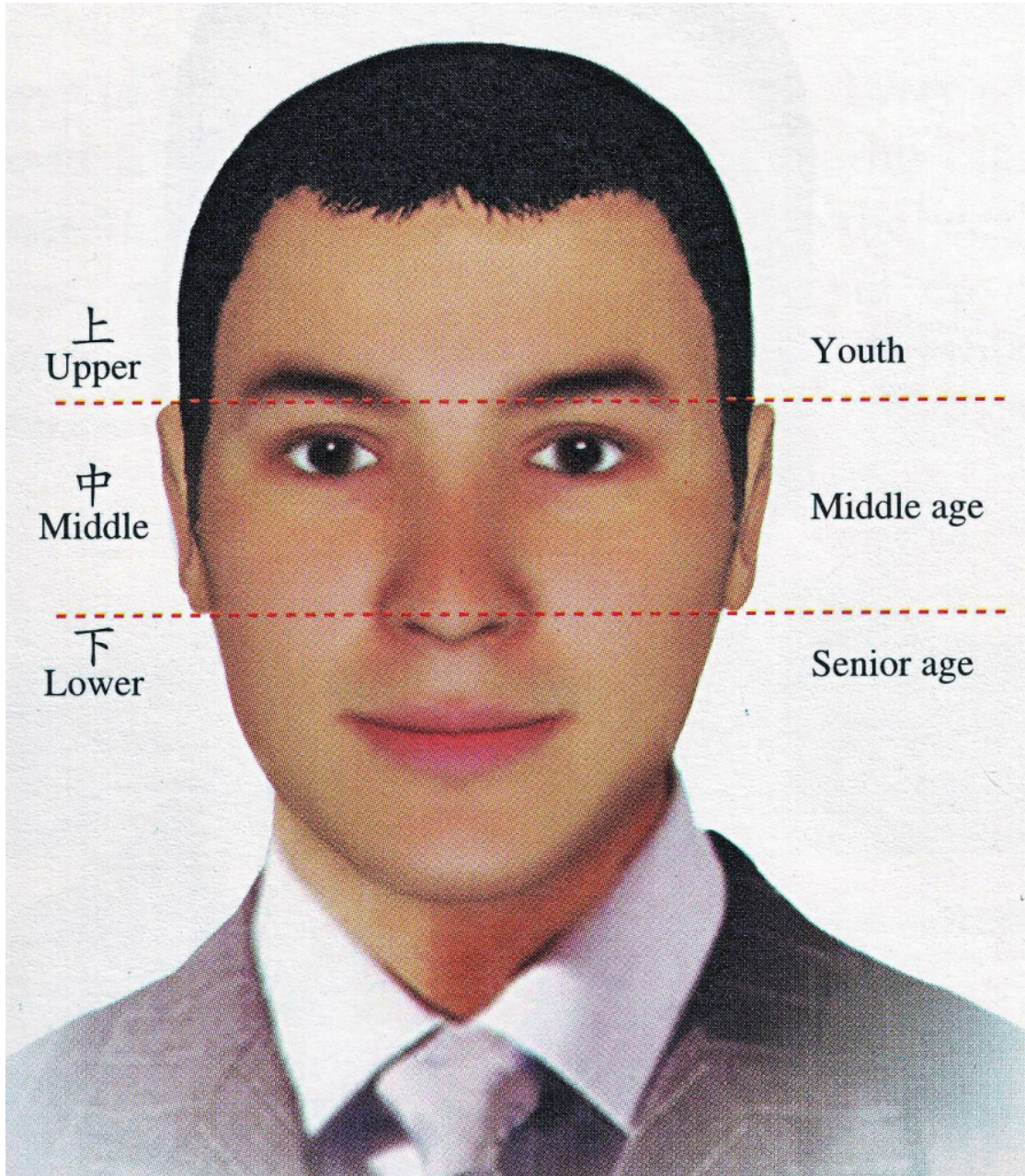


From <http://english.eastday.com>

Chinese face reading is as relevant today as it was in the past and its use is cross-cultural. We all have a blend of

elements and all faces reflect part of nature pattern. Face reading first appeared in China during the 6th century BC, possibly as the specialty of magic it was not affiliated with any religion. It is thought that they were probably Taoist shamans from rural areas such as Szechwan who specialized in non-traditional deviational arts. By 220 BC, the art of face reading was established in Chinese life and classic treatises, such as the Golden Scissors and Bamboo Chronicles, were written at this time.

There were also professional face readers during this time that combined the roles of priest, astrologer, and counselor. They were well-educated men with great compassion for human frailty. The Chinese understood the concept that the face represents the energies, health, and fortune of a person and they wished to live in harmony with these, and with the prevailing energies of the five elements, yin and yang, and the seasons. This wisdom has seen a huge resurgence in the West during the past 20 years with the growth of acupuncture, Chinese herbal medicine, Feng Shui and Qi Gong.



上
Upper

Youth

中
Middle

Middle age

下
Lower

Senior age

Mental

Emotional

Physical



Apollo ~ Sun ~ Fire
Resolute Stubborn
Suppressed Emotions
Physical - Volatile
Closed Minded



Jupiter ~ Ether
Determined Reliable
Humanitarian
Idealistic - Steadfast
Self reliant



Neptune ~ Moon ~ Water
Affectionate Happy
Nurturing
Mothering - Generous
Manipulative

Mental

Emotional

Physical



Mars ~ Earth
Practical - Physical
Earthy Passion
Steadfast - Reliable
Gets Things Done



Venus ~ Water
Sensitive - Flexible
Warm- Idealistic
Caring - Creative



Mercury ~ Air
Intellectual - Quick
Open Minded
Organiser - Persuasive
Restless

Mental

Emotional

Physical



Saturn ~ Fire ~ Earth
Volcanic Determined
Introverted
Earthy Passion
Intuitive - Cautious



Uranus ~ Water ~ Ether
Strong-Minded
Sensitive Flexible
Compassionate
Understanding



Pluto ~ Water ~ Air
Emotional Sensitivity
High Aspirations
Mentally Active
Needs Grounding

The Principles of Face Reading: Chart from The Joey Yap Store

The starting principles of face reading are the cosmic energies of the five elements and yin and yang. The elements are symbols and represent qualities of energy within each person that are reflected in the face. An elaborate physical, psychological and emotional profile can be built up, incorporating the energies of the features, the life points of the face, the three divisions from top to bottom (forehead, midface and lower face) which show the nervous, circulatory and digestive systems and the facial zones which represent the internal organs.

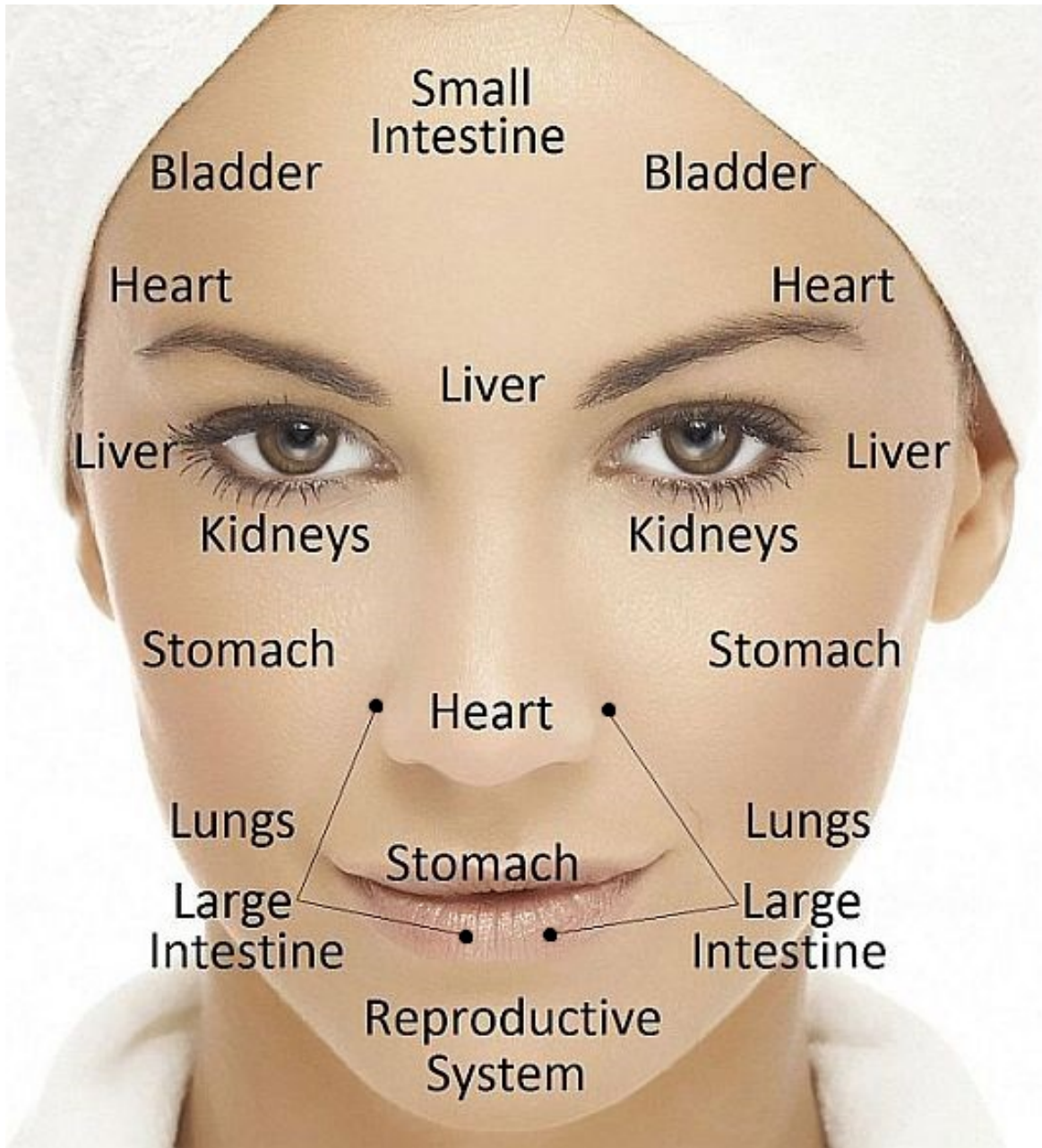
Each face is a map of the past, present and future. The past would be described as our inherited constitution, our mother's pregnancy, our childhood, and adolescence, with either difficulties or support in the family, and our early years as we start out in the world. The present reflects our health at the time of the reading. This is something we create ourselves.

Coco Chanel said: Inappropriate diet, persistent negative emotions, drugs, toxins and stress all contribute to lines, congestion, and colors on the face.

The facial zones affected are related to the internal organs under stress. In the same way that the feet are a microcosm of the whole in Reflexology, so the face shows the inner health

status and the person behind the persona. The future is not predestined in Chinese philosophy: acts of compassion can lengthen one's life, and taking greater care with health can resolve possible future symptoms. Sometimes destiny and the ups and downs of life can be improved by facial surgery? Correcting squints help one's fortunes during the years 35-40. However, nose jobs, which expose the nostrils and shorten the nose can affect the end of the 40s.

Our Face and the areas representing our organ connection



Here are some examples of various shapes and qualities of face reading:

What Eye Shapes Mean



One White Eyes

Center-focused eyes. Grandfather was someone of authority. Does not bode well for physical health, especially the heart.



Lower Three White Eyes

Belong to celebrities or those with social standing. Tend to be snobbish and arrogant. Are afraid of heights, and prone to legal disputes.



Big Eyes

Typically passionate characters, generous and not calculative. Proactive and easily adaptable, and more in tune with the senses.



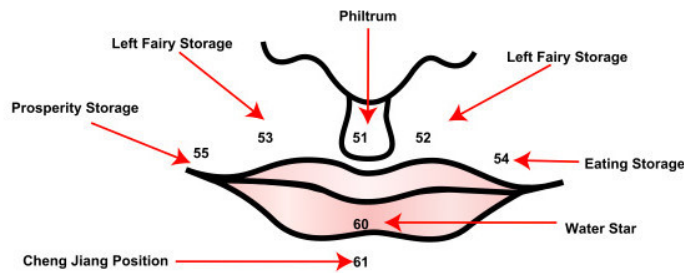
Big and Round Eyes

Have expressive talents. Tend to trust people easily, and typically easy communicators who constantly need love.

What Mouth Shapes Mean

JOEY YAP'S
FACE READING REFERENCE CHARTS

Mouth 嘴



Wide Mouth

Ability to make money no matter where one ends up. They are usually happy-go-lucky and popular, but may tend to lack direction in life.



Small Mouth

Generally good-hearted people, but rarely happy. They tend to be amicable and have many friends, but may whine or complain a lot.



Upper Lips Thick / Protruding

Indicates a personality that feels a need to be wanted and loved by others. Sentimental in nature, and place greater value over emotional bonding than physical love



Lower Lips Thick / Protruding

Indicates a strong character that is independent and self-reliant. A tendency to be self-motivated, and values physical gratification over emotional love.



Thick Lips

This indicates a person of passionate temperament. They tend to be adoring, demonstrative, and enthusiastic when in love.



Square Mouth

Typically a lucky individual who can find success and happiness in all areas of life. Usually an honest and levelheaded personality, and liked by all.



Round Mouth

Indicates a personality with no hidden agenda, and content with what they have. Prone to constant worries, and generally lack a sense of security.



Reverse Boat Mouth

Typically a solitary nature, and may be sad and morose. Lack affinity with friends and loved ones. May also be stingy when it comes to money matters.



Pearl in the Sea

The 'Pearl' indicates a person who likes to argue, and always argues to win. Good at debating and articulating an argument.



Smiling Mouth

Typically belongs to happy people who are grateful for what they have in life. Clever and straightforward, and also indicates a creative or artistic nature.



Crooked Lips

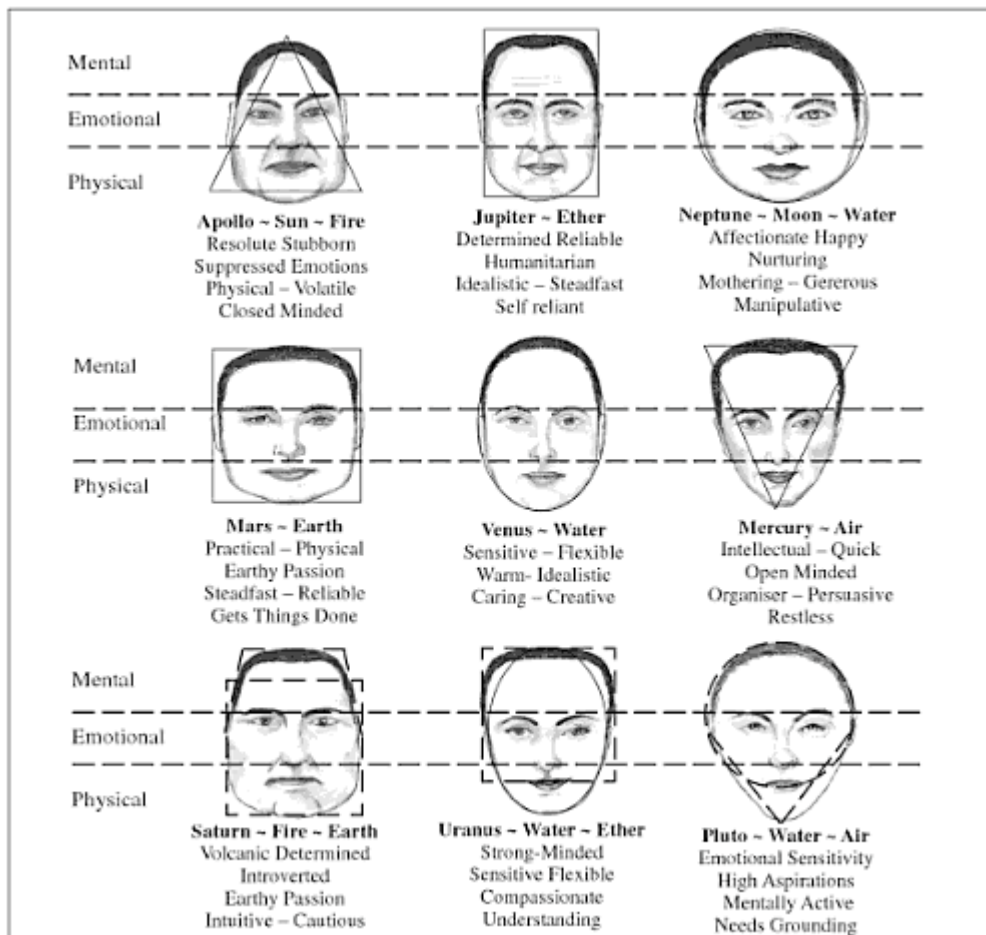
May have a wagging tongue, and a tendency to be scheming and wily in relationships. Will take advantage of superiors.



Lined Mouth

The lines that appear on a mouth aren't good lines – they are indicators and harbingers of loneliness. May live to an old, lonely age.

What Face Shapes Mean



Charts from [The Joey Yap Store](#)

Round Face: They are known as water-shaped faced people. They have a plump and fleshy face. They are known to be sensitive

and caring. They are thought to have strong sexual fantasies. If you are looking forward to a long-term and stable relationship, these people will prove to be the right choice.

Oblong Face: The long, thin face is called the wood shape face. These people may have a muscular or athletic physique. They are thought to be practical, methodical and tend to be a tad more overworked. They are weighed along with narcissism and may have problematic relationships.

Triangular Face: These face types are usually related to a thin body and intellectual persuasion. They are considered to be creative and thought to have a fiery temperament according to the Chinese face readers.

Square: They are known as the metal shape face. These people are thought to have an intelligent, analytical and decisive mind. The face shape is associated with an aggressive and dominating nature.

Rectangular Face: signals some variety: they tend to dominate but with less force, often they get their way in politics, business, sports, being always balanced, sometimes ambitious, sometimes melancholic.

Oval: expresses a character somewhat balanced, sweet, charming even, in which case those individuals are often best diplomats, but also able to duplicate, women are often best artists. Sometimes they can be dangerous, but temperamentally are weak, often they are weaker in physical strength,

sometimes underactive.

Face Shape and Profile

Broad face:

Having a broad face means that the height and width of the face are very close to each other in length. A person with a broad face is confident by nature unless he has lost his self-confidence somewhere through his life. When we say confident by nature, we mean that he's usually secure and confident about doing things for the first time; he's fine with new experiences. This person has got good influencing abilities; he usually has a relatively larger distance between his two eyes (high tolerance) because of his broad face. This person may not be interested in small details but would be rather interested in the bigger view or the full picture. For example, when telling him about a car accident, don't bother telling him about the car colors because he wouldn't be interested, he may not be even interested in the car types. From that, we conclude that someone like that would make a good manager; that's why you would notice how most managers are broad-faced.

Thin face:

The thin face is easily noticed because it appears to be longer than normal faces. People with thin faces have faces that are higher in length than its width. A thin faced person is confident by experience and not by nature, that means that when trying something new, he may feel afraid or anxious. If he has a small eye distance too, then he may be interested in small details. The main challenge concerning thin-faced people is fear; fear is a very big part of their lives and this may make them stick to a certain comfort zone and curb their adventurous side.

Round face:

People with round faces are friendly by nature; they like the social gathering and provide nice company. When intending to ask for help, head for the round faced because they may be friendlier than other people around.

Types of foreheads



The straight forehead (The progressive thinker):

This person follows a progressive style in his thinking; he can't jump to the third point without first knowing the second. Sometimes he is misunderstood as a child and thought of as dumb, but in fact, he may be very intelligent; it's just his progressive style of thinking that needs to be taken into consideration. This person may not have the fastest reflex

action response; if he drops something, he may not be able to catch it before it reaches the ground. He may have problems working under pressure as he needs more time to think progressively; that may make him lose control in the last ten minutes of exams.

The sloped forehead (The fast responder):

That person builds conclusions fast, to the extent that he may interrupt you many times when talking because he keeps on guessing what are you about to say. This person may get bored talking to someone with a straight forehead because of the speed difference between them. The response of such a person is very fast, and that's why you tend to find most football and basketball players with sloped foreheads, you're also most likely to notice how players with straight foreheads aren't that good because of their slow responses, and again I repeat, this is not related to intelligence at all. One final thing about such people is that they are fast decision-makers, which may cause them many problems.

The curved forehead (The creative):

This person is very creative, just notice how the forehead of those who study fine arts; you will notice how most them have curved foreheads. That person would hate restrictions and rules; he likes to use his imagination, and would probably hate math and accounting but excel in arts. When the forehead is curved and occupying a big section of the head, that person may tend to be very intelligent or even a genius. You'd be safe asking that person for help with in need of a creative solution to any problem you're facing.

Chin

Pointed chin:

A person with a pointed chin is a stubborn person just like the one with long front teeth. Having both features tends to

make the person very stubborn. He has a very fierce inner resistance that can be triggered upon being pushed. When dealing with such a person, you must depend on your flexibility because pushing against him will yield no result.

Square chin:

A square-chinned person is a challenger; he always challenges destiny by standing up tall upon falling, he never gives up until he reaches what he wants. He is usually very competitive and considers everything, even sports, as a challenge rather than look at the fun part of it. This person has the ability to point out the pros and cons of any issue, something that makes him a very good consultant and a debate lover. To get along with him, avoid igniting his fighting spirit and take his opinions into considerations.

The small chin:

Having a small chin is usually associated with having a pointed chin. In face reading, whenever the facial features are relatively smaller to those of normal people, then the person is a sensitive person. People with small chins and small facial features are very sensitive to criticism and overwhelming life events. Criticize those people and they will hate you, shout at them and they may not approach you again. In order to get along with a sensitive person try to be more nurturing than usual

Cheek Bones

People with protruding cheek bones leave an impression of respect and presence. Protruding cheek bones, in face reading, represent courage and adventure loving. A person with protruding cheek bones never escapes a fight; he is full of courage and has fewer problems with the idea of taking risks or trying something new. He is not bound by a certain comfort zone or definite habits; he just follows his instincts and accepts new challenges. This person also loves to travel and explore new places.

Facial Lines

We are not born with facial lines; they are developed through our lives. Lines can reflect a certain personality trait as we will see below:

Two vertical lines between the eyes:

This person is very hard to himself, he rarely takes the time to celebrate his achievements; he may push himself to work until he falls down.

More than two vertical lines between the eyes:

This person is usually very idealistic, he tends to be a perfectionist; he wants everything to be done perfectly and everything to be in its place. If that person is your manager, then you may be in deep trouble because meeting his perfectionism could be very hard.

Horizontal lines across the nose:

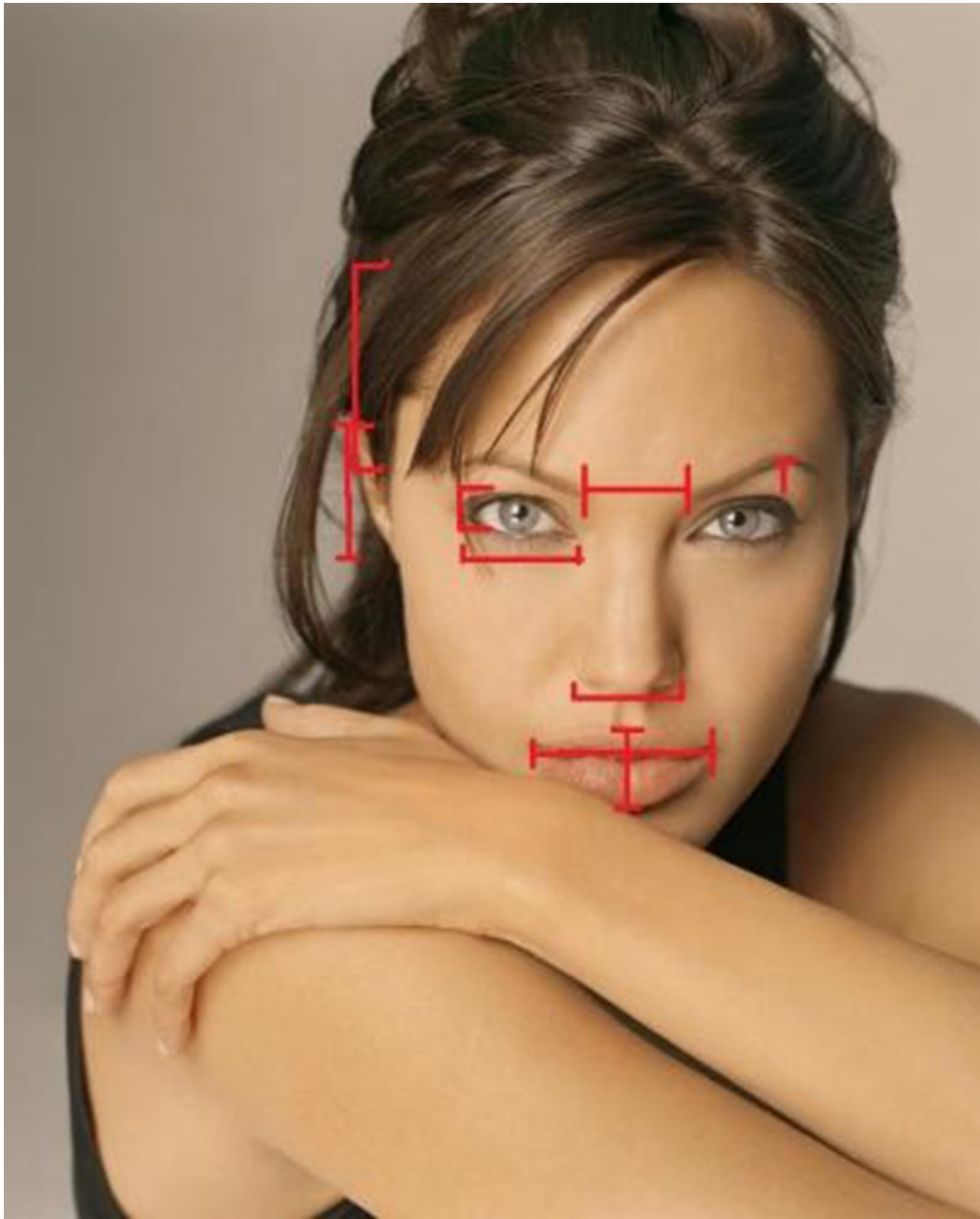
Some people have horizontal lines crossing over the top of their nose. These people are overly responsible; probably have been given lots of responsibility when children. These people rarely think about having fun.

Grief lines:

Some people have two lines below their nose and on either side of their mouth. Those are called grief lines because they appear when that person is sad for prolonged periods; a loss of someone close may result in the appearance of these lines

Balance and proportion are important in

face reading



Balance and proportion are important in face reading, as in Chinese paintings. There are needs for harmony between the mountains (the yang element, represented in the face by the bones) and the rivers, (the yin element which is the soft tissue). Although a face may be considered beautiful by society, in face reading terms it may be too yin (upturned nose, large wide mouth, eyes too far apart, thin eyebrows). Many models have this look. In our language we have many expressions to describe character traits: pay through the nose, two-faced, keeping one's nose clean, chinless wonder? We may have forgotten how these came into a language in the first place, the mouth relates to communication, and the chin signifies determination, ambition, and practicality among other traits . So, face reading can be used, sum up a person's energies, to get a health read-out, to assess character, fortune, and other a tributes to help gain self-knowledge and to plan for good health.

There are numerous ways to read a face in Chinese physiognomy: 3 Quarters, 8 Trigrams, 108 Spots, examining the shapes, the colors, the wrinkles and the moles, just to name a few. A master of face reader usually employs the combination of several techniques to gain multiple perspectives and perform cross-examination.

WHAT YOUR SKIN IS TELLING YOU

FOREHEAD (Poor digestive system)

Reduce high amounts of fat in diet
Drink antioxidant-rich green tea
Up water intake to flush toxins out
Pin bangs up

HAIRLINE (Hygiene)

Ensure complete removal of makeup
Ensure scalp cleanliness
Cease use of pore-clogging hair products
Thoroughly rinse off traces of hair shampoo

BETWEEN BROWS (Liver)

Avoid alcohol and dairy products
Eat lighter foods
Avoid late night snacks
Check for food allergies

ABOVE BROWS (Immunity)

Breakouts here during a cold.
Take it easy, drink up and eat
vitamin C-rich foods.

EYES & EARS (Kidneys)

Acne and dark circles here can
be caused by dehydration.
Drink > 8 glasses of water a day
Avoid caffeine and salt.

CHEEKS (Lungs)

Take in fresh air with long and
regular walks.
Clean your cell phones and
pillow cases

BELOW CHEEKS (Hormones)

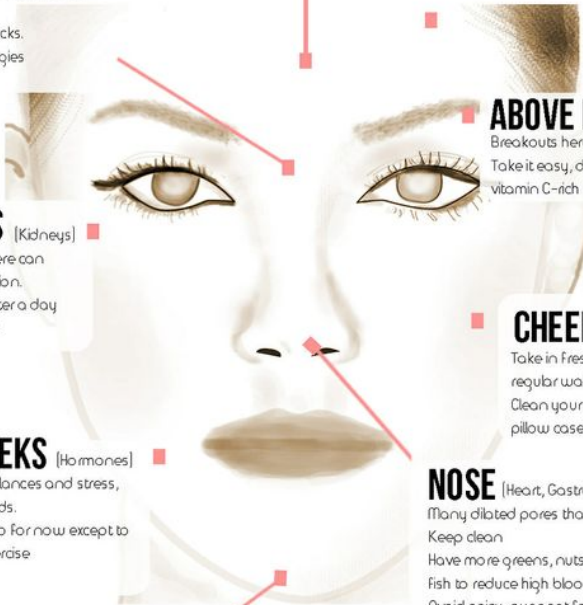
Due to hormonal imbalances and stress,
especially during periods.
There is little you can do for now except to
hydrate, sleep and exercise.

NOSE

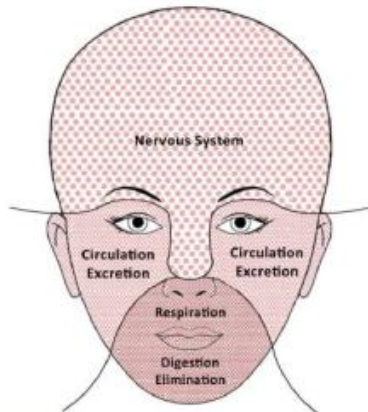
(Heart, Gastrointestinal issues)
Many dilated pores that clog easily are here
Keep clean
Have more greens, nuts and Omega-rich
fish to reduce high blood pressure.
Avoid spicy, pungent foods, meat and salt.

CHIN (Stomach)

Improve digestion by adding more fibre
and detoxifying.
Avoid late night snacking.



Introduction to Topography of Internal Organs According to Chinese Medicine



© Chinese Medicine 2002
Illustration: Priscilla Chan

We have 'topography' of the internal organs of the body mapped on the face. So, with this 'topography of the internal organs' on the face in mind, when we observe ourselves and other people, what do we look for?

The main feature we look for in any area of the face is **swelling and/or tightness**. Using the map of the face, wherever we see an area that is puffy and swollen, this signifies the organ corresponding to the area is swollen and enlarged, or "expanded". "Expanded" means that they are out of balance – tired, weak, inflamed, and affected by a pathogen or suffering from emotional or physical stress.

You may for example notice on the skin of the forehead of most people some horizontal lines, usually between three and seven. These are normal. However, if the lines on the forehead stand out prominently so as to be noticeable, this is an indication that the organs associated with this area are too expanded.

Another example: if we notice that the tip of the nose, which corresponds to the heart, is swollen and expanded, then this means the heart is swollen and expanded.

One area of the face that is important to note is that under the eyes. Looking closely at every human being under the eyes, you will notice a thin line etched in the skin drawn from the corner of the eye down and outward toward the periphery of the eye. The area above this line, between it and the eye itself, corresponds to the kidney - left eye, left

kidney, right eye, right kidney. Below this line is the area which corresponds to what is usually described as "general intestinal condition", underneath both eyes, below the line etched in the skin. Bags under the eyes indicate a large intestine (colon) problem, or kidney problems. The bags right under, straddling the lower eyelids are kidney bags, the ones below them are large intestine (colon) bags.

COLOUR

SIGNIFICANCE

black or grey	stagnation or stagnant water
green	toxicity or a sluggish liver that is not detoxifying
red	inflammation or an overactive heart or nervous system or trapped fire
yellow	putrefaction or things staying in the body too long, especially in the stomach
white	frozen or a lack of energy or poor exchange of air to the lungs

Also, if the liver is dealing with a pathogen, it can make a person more irritable or angry. Conversely, a person who is angry and irritable is much more likely to be affected by a pathogen.

As you can see, the emotions and the functioning of the organs are intertwined.

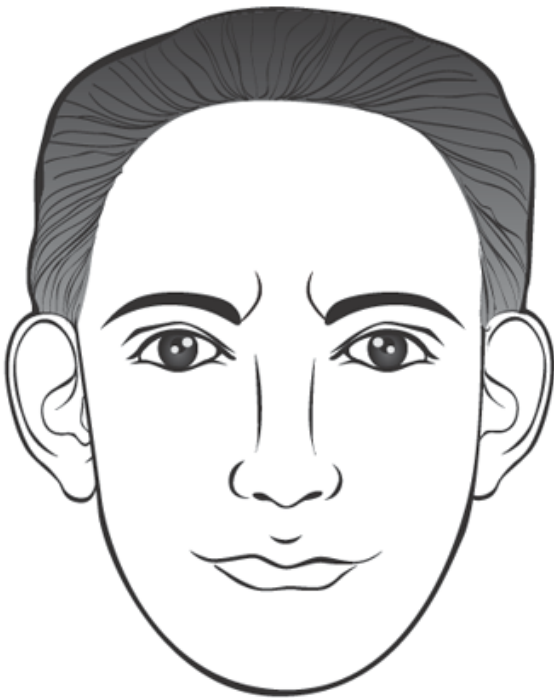
Significance of Colours

The most commonly seen colours on the face are **black, red, and white**. Toxicity and putrefaction often are seen together as a yellow-green colour (like the colour of jaundice) but show up on the face less often because the liver is usually so good at detoxification.

When these colours show up in the areas correlated with each organ, they can signify either a physical or emotional problem. Distinguishing between the two can be accomplished only by questioning. For example, the area between the eyebrows is correlated to the liver. Redness in this area shows inflammation of the liver that can be caused by a pathogen or emotional irritation or anger. Either condition affects the liver.

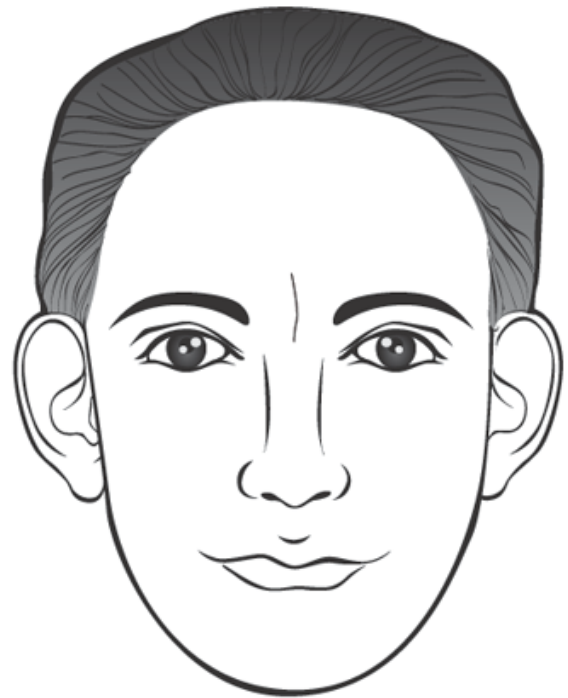
One example of what lines on the

face mean



Lines Locking the Life Palace

This indicates a troubled and stressful life. Also, it suggests that the person might be at the crossroads of his or her career, or someone who thinks far too much. It can also indicate loneliness and being misunderstood by others.



Needle Piercing Through the Heavenly Heart

This denotes loneliness in marriage, and is typically negative for married women. It indicates 'not having a husband' and that one will see one's husband and children infrequently. For males, it suggests isolation from the family.

**Following is a brief introduction
to the 12 Houses method.**



1. Fortune House (Fude Gong)

It gives an overview of your general fortune trend. An ideal Fortune House should be round, full and smooth with no

visible marks, lines or scars. Flaws in these areas reflect challenges in your life, which can be in the form of poor health, distressful relationships or money troubles.

2. Parents House (Fumu Gong)

It is associated with Heaven Luck; in this regard, its state is quite a testimony to the situation that your parents were in

and your relationship with them. A forehead that is wide, round and shining speaks of a good family inheritance, a comfortable upbringing, and early achievement, while a small, bony or disfigured one illustrates an uneasy childhood.

3. Career House (Guanlu Gong)

Again, being broad, round and smooth is the basic criteria to identify a good Career House. If on the top of that, you also

have prominent cheekbones and protruding eyebrows, you shall have a great chance to achieve a great success in your chosen field.

4. House of Travel (Qianyi Gong)

If it is in any way disfigured with scars or deep lines, you might be better off staying put. Furthermore, jobs or businesses involving transportation, tourism or import/export are, understandably, not your best choice.

5. Life House (Ming Gong)

The key to your fortune is deposited here. Naturally, being

smooth and shiny is ideal, which suggests a trouble-free life journey. If it is receded, dimpled or scared, or there are permanent horizontal lines between the brows; or eyebrows meet in the middle, you may face a bumping road ahead.

6. House of Siblings (Xiongdì Gong)

Eyebrows and the areas directly above them represent and it also oversees your relationship with your friends and

colleagues. The state of your hair has a direct connection to the physical conditions of your parents at the time when you were conceived, which means it has a lot to do with your genetic make-ups. Brows that are dark, thick, long, smooth, orderly and located high above eyes indicate a healthy hormone level that gives rise to affection, calmness, and courage. If they look sparse, thin, pale, short, or chaotic, or too close to eyes, or marked with a scar, you could be tormented by your own physical or emotional states.

7. Assets House (Tianzhai Gong)

Your eyes portray your intelligence and temperament, and the very quality of these dispositions plays an important role in your asset acquisition endeavor. Good Asset Houses are constituted with eyes that are long with large pupils and clear whites, and up-eyelids that are broad and full. Recessed or narrow eyelids exhibit impatience. If the whites are colored with red streaks, and worse, if the streaks pass through a pupil, you should brave yourself for challenges in reference to your financial concerns.

8. House of Marriage (Qiqie Gong)

Being full and smooth in appearance indicates a happy marriage. A receded house however, rings a bell on extra-marital affairs. If the area bears visible spots, scars, black

moles or messy lines, your marriage could have challenges due to some unscrupulous conduct.

9. House of Children (Ernu Gong)

This area is closely related to the cerebellum and also governs your love and sex life, so again, being full and round is better than being flat or receded. Dim moles or slant lines across the area are especially undesirable, suggesting some challenges regarding your own sex life or your children's future development.

10. Health House (Jie Going)

If the House is broken or marked with horizontal lines, or if it is stained with spots, marks or discoloration, you shall pay extra attention to your health, especially your digestive system.

11. Wealth House (Caibo Gong)

A nose that has a high and straight bridge, big and round tip, full and fleshy wings, and invisible nostrils, not only indicates sound physical health, a positive mental attitude, also denotes success in career and abundance in wealth. On the other hand, a nose that is low, or crooked, pointed, or narrow, bony, or with a contoured bridge, upturned tip, visible nostrils, reveal a problematic personality, a troublesome financial situation or a difficult career path. If blood vessels are clearly visible or have a dim blue color tone the surface, pay attention to blood pressure and heart health. When a nose turns bloody red, which is dubbed Fire in Lounge in Chinese physiognomy, it should be viewed as a to excessive warning sign

12. Popularity House (Nupu Going)

This House rules your relationship with your colleagues,

subordinates or younger generations, and foretells your situation in your old age. When they are round and full, you can expect to enjoy your popularity among your followers. But if it sharpens off, or appears crooked or bony, you probably should reconsider your dream about being a politician. And what's more, you'd better prepare for self-support during old age.

Marks, spots, scars on, and even shapes of your face can change over time, meaning your fate can alter through the years. You can utilize your Man Power (your attitudes – good deeds, better learning, and hard work) and the Earth Power (your environment – favorable Feng Shui) to neutralize the Heaven Power (your time of birth – what you have inherited from your parents and your previous lives). Ultimately, you are the real creator of your own fate. When you change your heart, you change your face; when you change your face, you change your fate.

Here are some examples of Face reading

Let's do Face Reading



- Long & Thin Face
 - Tolerant, Stubborn, Hopeful & Hardworking
- Far Off Eyebrows
 - Broad-Mindedness, Easy-going & friendly
- Sparkling Eyes
 - Enthusiastic & Benevolent
- Manly Nose
 - Strong Character, Observing
- Professional Lips
 - Experienced & Tolerant

Large Pupils

If a person looks at us with large pupils, this can often be evaluated as a sign of sympathy and admiration. In any case, large pupils are evidence of a positive basic trend. This is why they are also called the „lover's eyes“.



Character Traits

Large pupils indicate

- keen intuition, spontaneity and making decisions based on a gut feeling
- strong emphasis on emotions
- inclination towards melancholy and (day)dreaming
- that the person tires more quickly; in addition, such people get excited more quickly and are more fearful than those with smaller pupils
- creative talent
- quicker access and an easier time in opening up to others

NOTE

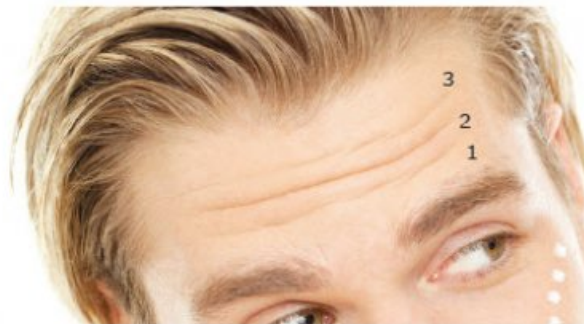
A great variety of thoughts and emotions can expand our pupils.

Horizontal Forehead Wrinkles

People have a different number and various shapes of horizontal forehead wrinkles. Younger people sometimes also have hidden wrinkles that appear when they frown.

Three main lines are differentiated and associated with various areas of life.

- The bottommost main line symbolises the material level (1)
- The middle main line symbolises the self or the ego (2)
- The uppermost main line, which runs directly beneath the hairline, symbolises creativity and the spiritual or non-material level (3)



Thickening of the Lower Lip's Edge

If the tissue beneath the lower lip is thickened like dough, this is called the thickening of the lower lip's edge. Such a thickening of the lower lip's edge usually means problems with the detoxification organs, especially the liver in this case. Above all, this can be due to the abuse of alcohol and tobacco or strain due to medications or foreign substances.

The following detoxification organs indicate by swellings in various places on the lower lip's edge when they are strained:

- The **gall bladder** causes a distinct swelling to the right and left of the middle.
- The **pancreas** causes a swelling in the middle.
- The **spleen** causes swelling on the outer corner of the lower lip's edges.

The swelling of tissue below the lower lip usually quickly goes away again, but action should be taken if this swelling **continues**.

When there are also pimples in the chin area in addition to a swelling on the lower lip's edge, the possibility of abdominal or genital diseases should be considered. Sore areas under the nostrils would also reinforce this diagnosis.



People with dominant upper part

- indicates *intelligence* and a *logical approach* towards problem solving.
- Thus, people with dominant upper parts will be more interested in *fact* and *logical thinking* than others.
- A wide forehead shows that the person is intelligent but a small forehead *doesn't mean* that he is not.



CHEEKS - happiness

- Round, full cheeks, sometimes hanging down in soft folds upon neck, show *gluttonous tendencies*.
- Dimples of the cheeks and chin are tokens of the *affectional nature* and denote the active passions of *amateness* and a *desire to please* and *attract the admiration* of others.
- Dimples near corners of mouth are evidences of *mirthfulness, love of fun* and *good humor* and *wit*.

Big and circular ear tops:

mean you are especially clever and exceptionally savvy.

Ears that stand out have a place with exceptionally enthusiastic and physical individuals who are suited to working outside and not being limited to a work area.

Taking a look at celebrity appearances can likewise let us know a ton about big names and what they are truly like:

Gary Lineker - ears that stand out - energetic and physical identity characteristics.

Victoria Beckham - to a great degree little ears - demonstrates a touchy soul.

Terri Hatcher - has magnificent symmetry in her face, especially with the situating of her ears, which demonstrates that she is fit for adjusting her expert, social and individual life splendidly.



Large middle area



- You focus on prestige, reputation, luxury & quality
- You want to own and have the best
- You won't buy something because it's cheap
- If someone wants to sell you anything, they must convince you how it's going to increase your success
- Ambitious person and likes to have an authority and powerful status

You can't tell if someone is lying by reading their facial expressions



Microexpressions, as defined by psychologist Paul Ekman (who coined the term "microexpression," basically wrote the book on the little bastards, and has been studying their use in detecting deception for going on half a century, now), are:

...very brief facial expressions, lasting between 1/25th and 1/15th of a second. They occur when a person either deliberately or unconsciously conceals an emotion being felt. Any one of the seven emotions found to have a universal signal may appear in a micro expression: anger, fear, sadness, disgust, contempt, surprise and happiness.

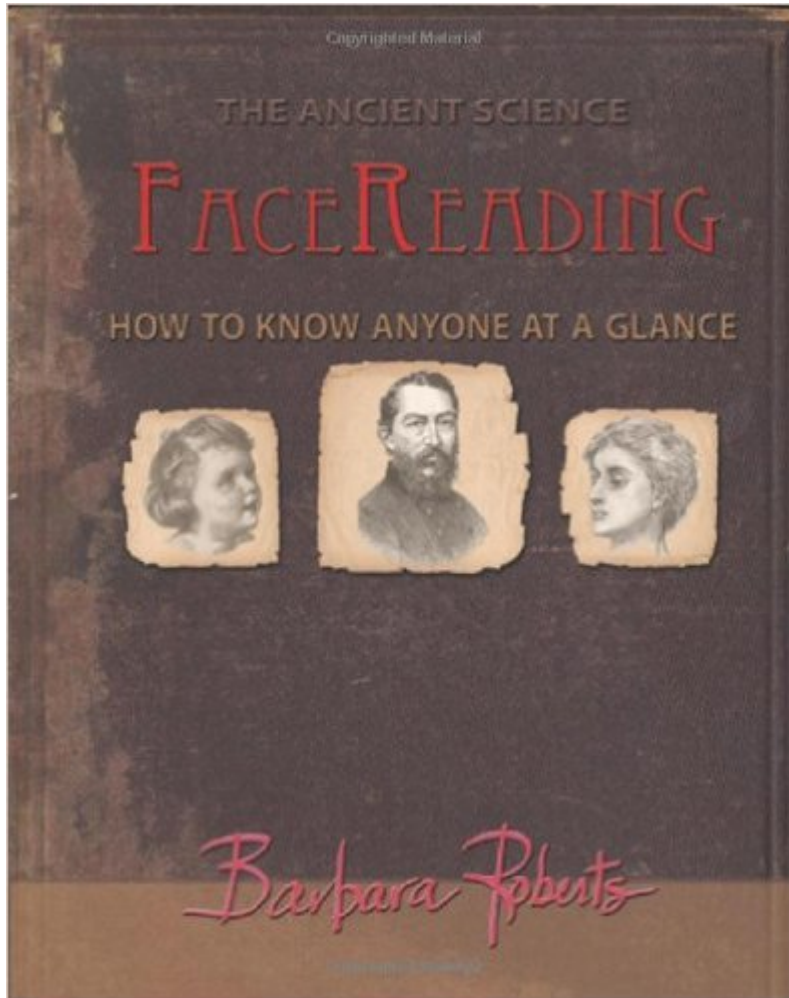
Microexpressions therefore fall under the umbrella of "body language" ("nonverbals," if you're one for parlance), and are distinguishable in that they refer explicitly to the face and specific situations in which they're likely to appear, viz. a situation where the emotion being felt is being either intentionally or unintentionally suppressed.

CHEEKS - happiness

- Round, full cheeks, sometimes hanging down in soft folds upon neck, show *gluttonous tendencies*.
- Dimples of the cheeks and chin are tokens of the *affectional nature* and denote the active passions of *amateness* and a *desire to please* and *attract the admiration* of others.
- Dimples near corners of mouth are evidences of *mirthfulness, love of fun* and *good humor* and *wit*.

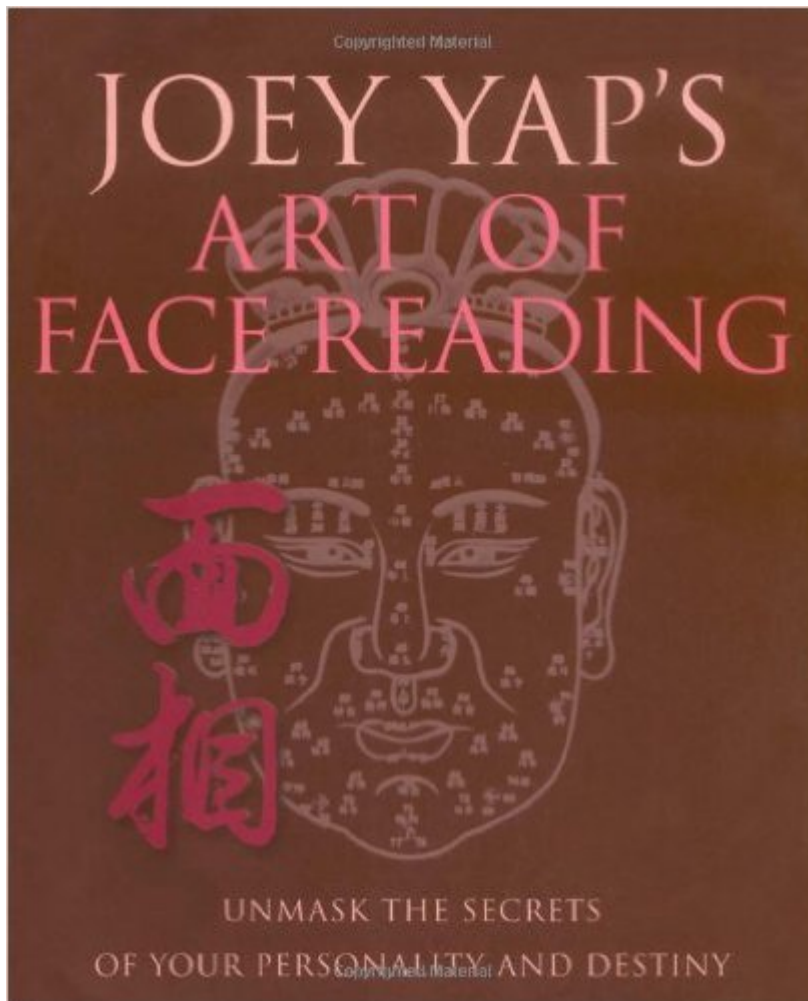
More Face Reading will come in future posts stay tuned

<https://youtu.be/eEA7kT5fTzg>



Face Reading: How to Know Anyone at a Glance

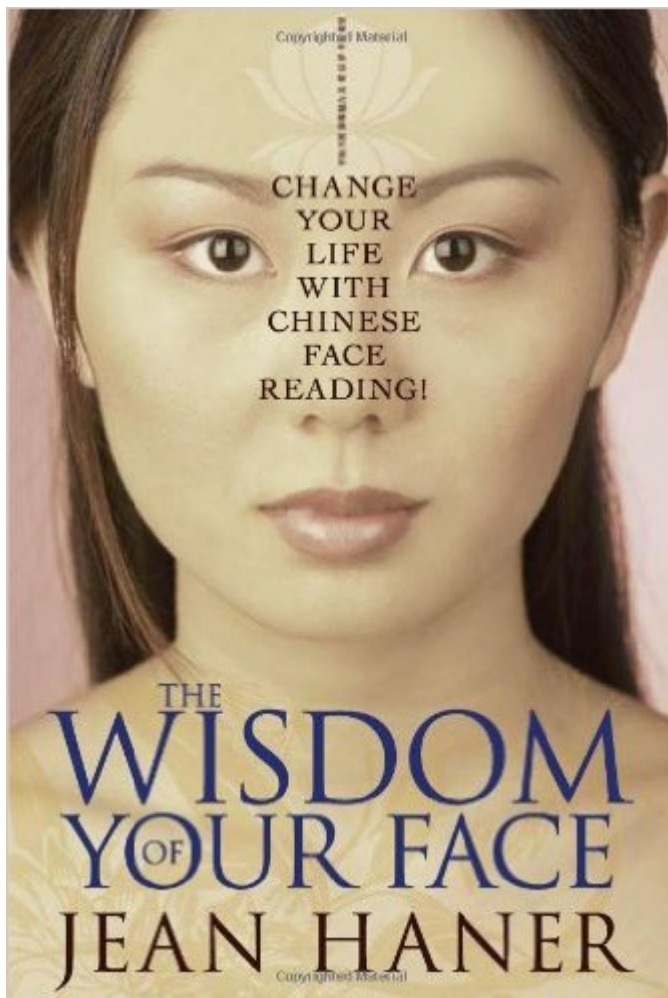
FACE READING WILL HELP YOU – Choose the Career you were born to do. Read your Boss's face. – Protect your children by knowing Dangerous features in strangers – Hire Smart! Know how to choose people of Destiny. – Date safely on the Internet. Avoid mistakes! – Gain insight about your Health or illness by using facial indicators. – Know the Secrets for effective managing and business strategy – Learn psychological meanings for over 100 Facial Features



Joey Yap's Art of Face Reading: Unmask the Secrets of Your Personality and Destiny

Chinese face-reading, or Mian Xiang, is a form of physiognomy, or the observation of appearances. This ancient technique reveals not only a person's true character but also his or her fortune, luck, and talents. "Joey Yap's Art of Face-Reading" is a brilliant introduction to this powerfully accurate art. In this illuminating guide, bestselling author and master trainer Joey Yap explains how the face is essentially a map of our destiny and luck. With detailed illustrations, he presents the '100-year map' of the face or the 100 points that govern a

person's fortune and luck from the age of 1 to 100. He also unlocks the areas of the face known as Officers and Palaces, which tell us about a person's character, future challenges, obstacles and talents in life – along with other facial features such as moles, which Joey explains how to identify and interpret. With this guide, you will learn to use face-reading to examine your own life stages and destiny, and those of others, at a glance.



The Wisdom of Your Face: Change Your Life with Chinese Face Reading!

What if you could tell, just by looking at others, how they tend to think, feel, and behave? What if your partner's face revealed the best way to resolve any conflicts between you? And what if you could discover in your own face the wisdom that you need in order to be the best you-you can be?

Based on the same ancient foundation as acupuncture and Chinese medicine, face reading has been in the "research and development" phase for over 3,000 years. When translated to make it meaningful for our Western lives, it's a powerful source of wisdom that we can all access. Chinese face reading shows you how to live your life in alignment with your own natural flow, find the life path that gives you joy, attract relationships that nurture you, and most of all, enable you to feel compassion for yourself and others. This book will forever change how you see yourself . . . and all the people in your life!