

Cellulite Reduction for Firmer Looking Skin with Epione



[Epione Beverly Hills](#)

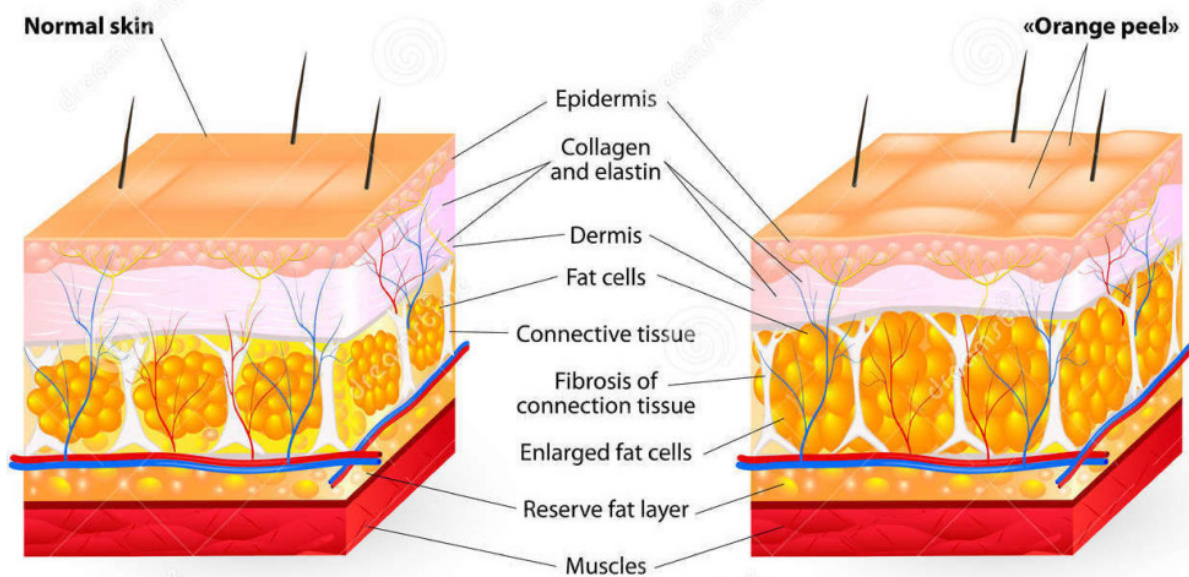
SIMON OURIAN



In 1998, the good doctor found Epione Beverly Hills. It was one of the first facilities in California committed to the practice of aesthetic laser procedures and non-invasive procedures. Many consider Dr. Simon Ourian as a leading authority in the utilization of lasers for non-invasive treatments.

[Dr Simon Ourian](#)

THE FORMATION OF CELLULITE



What Is Cellulite?

Under your skin, there's a network of connective-tissue strands, called septae, that hold the fat in place. If the septae aren't strong and tightly woven together (which may be determined by genetics), the fat can bulge out between them, creating ripples on the skin's surface—a.k.a. cellulite. Women are more likely than men to have cellulite, since they have fewer and less tightly arranged septae. Women also have thinner skin, as well as hormones that can affect the size of fat cells and the strength of the septae.

Cellulite Reduction for Firmer Looking Skin

Whether age or genetics are to blame, cellulite is the bane of almost every woman (and more than a handful of men) that yearns after firm, youthful looking skin. On the bright side, having cellulite does not mean that you are overweight. It

simply means that the normal fat beneath your skin is a little out of control and has begun to press against your connective tissue, causing those orange peel lumps and bumps that make you dread bikini season. Cellulite reduction can assist in diminishing the lumpy appearance of these fat pockets, giving your skin a softer, firmer appearance.



Cellulite Reduction Treatment

While there are a variety of treatments available to reduce cellulite, ultrasound cellulite reduction treatment may be one of the most effective. Ultrasonic energy can be used to target a specific area of the body, breaking down unwanted fat cells in the subcutaneous region of the skin. Pulses of acoustic waves are able to penetrate the upper layers of skin without causing them any damage, targeting the stubborn fat pockets found 15mm below the surface of the skin.

Pulsed ultrasonic treatment ensures that fat cells are broken down instantly by a mechanical process, rather than by using

heat. These “dead” fat cells are then evacuated from the body by its own natural pathways.

Cellulite Reduction Treatment Reviews

After approximately three sessions, according to online cellulite reduction treatment reviews, many people report the changes in body contour that they are looking for. Sometimes the results are so favorable that they request treatment in other areas of their body. Ultrasonic cellulite reduction is good not only for the stomach region, but also for thighs and love handles. Another major perk of this particular cellulite treatment is the “walk in, walk out” nature of the procedure. Clients can easily schedule a session in their lunch hour, secure in the knowledge that they will not have to deal with any bruising, swelling or pain.



Massage Cellulite Reduction

There are some people who believe that specific forms of massage can assist in reducing cellulite. The increased blood flow in the target area is said to remove unwanted toxins and lower fluid levels in areas that contain the most cellulite. Essentially, vigorous massaging does actually compress cellulite, thus reducing its appearance. However, the solution is only temporary and will probably not yield long-term results. For long-term cellulite removal, patients will need to seek an alternative solution.



Viora Cellulite Reduction Treatment

This cellulite treatment combines radiofrequency and vacuum therapy to penetrate into the deeper layers of the skin. The radiofrequency energy is used to break up fat cells in the enlarged fat pockets under the skin, while the vacuum action helps to boost levels of circulation and activate lymphatic drainage in order to move unwanted fat cells out of the body. Patients reportedly experience no discomfort during Viora cellulite reduction treatment, a non-invasive procedure and will feel as though they are receiving a deep tissue massage.

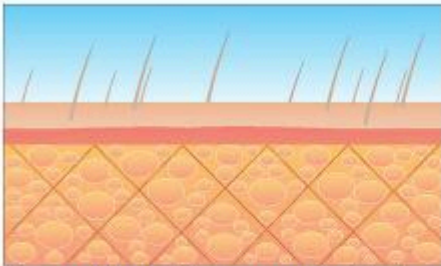


Ionithermie Cellulite Reduction Treatment

This type of cellulite reduction treatment is a combination of a topical application and mild electrical stimulation. A topical treatment of amino acids and micronized algae is applied to the surface of the skin. Gauze and a layer of clay are added in an effort to increase circulation and stimulate the release of unwanted toxins. Electrodes are applied to the treatment area for treatment sessions that last for roughly thirty minutes.

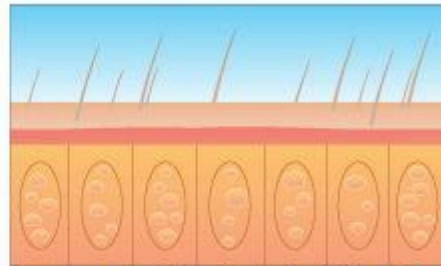
After the half-hour treatment, the topical algae treatment is almost completely dried out. The dried "shell" is easily cracked open and removed, after which a skin-soothing lotion is applied. Generally, the results of Ionithermie cellulite reduction treatment are only temporary. Repeat treatments assist in keeping the effects of cellulite at bay for longer periods of time.

Male Fat Cells

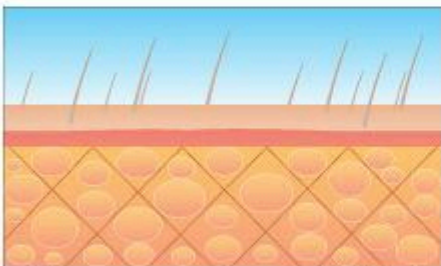


A man's fat cells, represented by the circles, are contained by a crisscrossing series of collagen.

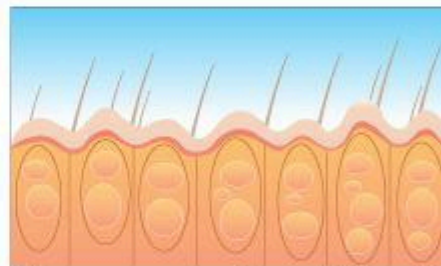
Female Fat Cells



A woman's fat cells are held in place below the skin by cube-like structures contained by collagen bands.



When a man gains weight, his fat cells enlarge. When this happens, the fat cell chambers stretch. Because of the arrangement of the chambers, they do so evenly.



When a woman gains weight the fat cells enlarge. Because of the arrangement of the fat cell chambers, they push into the skin and cause irregularity. This leads to the "orange peel" effect of cellulite.

Laser Lipo Treatment

Laser Lipo is considered to be one of the most popular anti-cellulite treatments around. A high energy, precise laser is directed at a specific area. A small amount of heat is used to break down unwanted fat cells in the target area, which are then flushed out of the body along the natural pathways. Careful control of the laser ensures that the skin is not damaged and that the fat cells alone are targeted.

Cellulite Reduction Cream

Most cellulite creams assist in reducing the effects of the problem by draining excess fluids and smoothing the surface of the skin. Unfortunately, the effects are only temporary as there is almost no way for the cream to penetrate to the subcutaneous levels of the skin. When choosing creams to

temporarily reduce “orange peel” on the thighs or stomach, it is important to find products that assist in improving circulation.

Cellulite Reduction Treatment Cost

Each different type of cellulite reduction treatment carries a different cost. It therefore stands to reason that patients would want to do a little research before committing to any one of them. While it may seem as though cellulite reduction creams are the cheapest alternative, it is important to consider the fact that a single person could go through several different tubes of several different products before seeing any results. So, while one tube of lotion costs below \$100, the testing process alone could extend to well above \$1000 without ever getting the results one desires.

Ionithermie treatments tend to cost anywhere between \$130 and \$170. It could take up to 5 treatments to see any worthwhile results, and even then they will only be temporary. Viora treatments can cost up to \$350, depending on the size of the treatment area.



Epicuren Espresso Limon Slimming Body Oil
4oz



NutraLuxe MD Red Nutra Light Skin
Rejuvenation



Revive Pain Relief Clinical Collection
Larger Treatment Area



Revive Anti-Aging Treatment and Peptide Serum



Revive Professional Collection Panel System