

Photon Light Therapy



Photon Beauty SD956IR

What Are Biophotons?

Biophotons, or ultra low photon emissions of biological systems, are low electromagnetic waves in the optical range of the spectrum – in other words: light. ALL living cells of plants, animals and human beings emit Biophotons, which can NOT be seen by the naked eye, but can be measured by special equipment developed by German researchers.

This light emission is an expression of the functional state of the living organism and it's measurement, therefore can be used to assess this state. After an initial decade and a half of basic research on this discovery, biophysicists of various European and Asian countries are now exploring the MANY interesting applications, which range across such diverse fields as non-invasive early medical diagnosis, food and water quality testing, chemical and electromagnetic contamination testing, cell communication, and various applications in biotechnology.

According to the Biophoton theory developed on the base of these discoveries the Biophoton light is stored in the cells

of the organism – more precisely, in the DNA molecules of their nuclei – and a dynamic web of light constantly released and absorbed by the DNA may connect cell organelles, cells, tissues, and organs within the body and serve as the organism's main communication network and as the principal regulating instance for ALL life processes. The processes of morphogenesis, growth, differentiation and regeneration are also explained by the structuring and regulating activity of the coherent Biophoton field. The holographic Biophoton field of the brain and the nervous system, and maybe even that of the WHOLE organism, may also be basis of memory and other phenomena of consciousness, as postulated by neurophysiologist Karl Pribram and others. The consciousness-like coherence properties of the Biophoton field are closely related to its base in the properties of the physical vacuum and indicate its possible role as an interface to the non-physical realms of mind, psyche and consciousness.

The discovery of Biophoton emission also lends scientific support to some unconventional methods of healing based on concepts of homeostasis (self-regulation of the organism), such as various somatic therapies, homeopathy and acupuncture. The "chi" energy flowing in our bodies' energy channels (meridians), which according to Traditional Chinese Medicine regulates our body functions may be related to node lines of the organism's Biophoton field. The "prana" of Indian Yoga physiology may be a similar regulating energy force, that has a basis in low, coherent electromagnetic Biophoton fields.



Background Of Biophotons

First discovered in 1923 by Russian medical scientist Professor Alexander G.Gurvich (who named them “mitogenetic rays”) and in the 1930’s widely researched in Europe and the USA, Biophotons have been rediscovered and backed since the 1970s by ample experimental and theoretical evidence by European scientists. In 1974 German biophysicist Fritz-Albert Popp has proved their existence, their origin from the DNA and later their coherence (laser-like nature), and has developed Biophoton theory to explain their possible biological role and the ways in which they may control biochemical processes, growth, differentiation etc. Popp’s Biophoton theory leads to MANY startling insights into the life processes and may well provide one of the MAJOR elements of a future theory of life and holistic medical practice based on such an approach. The importance of the discovery has been confirmed by eminent scientists, such as Herbert Froehlich and Nobel laureate Ilya Prigogine. Since 1992, the International Institute of Biophysics, a network of research laboratories in more than 10 countries, based in Germany, is coordinating research in this field of Biophotons, which promises rapid development in the next decade.



Handheld LED Photon Skin Care Device

How is LED Photon Therapy Performed?

One of the best things about this type of therapy is the ease of use and safety, both of which allow it to be done at home. These can be purchased directly from trusted manufacturers or through dermatology offices. When this device is being used at home, it is critical to use it exactly as instructed in the included instructions.

The majority of these devices require treatment sessions to last approximately 30 minutes each time. Most are used twice a day. To use the device, the user simply turns it on and

adheres to all instructions in how to apply the treatment to the skin. The handheld devices that are generally sold for home-use actually tend to be more effective than the non-handheld devices often seen in skincare clinics. This is because they are applied directly to the skin which helps to ensure greater absorption.

In many cases, a photosensitizing agent is applied prior to performing a treatment. How long it takes for this agent to absorb and be ready for treatment will depend on the agent used. Most do not take long, so there really is no extra time added when using one of these.



PRO
PHOTON LED SKIN REJUVENATION RED BLUE LIGHT

Are There Any Side Effects With LED Photon Therapy?

With this type of therapy, side effects, if they even occur, are minimal. Slight irritation and redness can occur, however, these are generally experienced by those that have sensitive skin. If a photosensitizing agent is used along with this

therapy, it is possible for swelling, flareups, redness and crusting to occur. These are typically temporary and will diminish with continued use.

UV light is also a part of this therapy, however, the amount used is very low. This means that it is considered to be safe. To put it simply, skin cancer should not be a concern of those using this therapy because the UV light is just not strong enough. To ensure maximum safety, one should wear UV goggles to protect the retinas.

When a photosensitizing agent is used prior to performing a therapy, it is important to avoid sunlight following the treatment. In general, avoid long periods of sun exposure before you use this product.



Photon Therapy Facial Salon Skin Care Treatment Machine

**Is LED Photon Therapy Safe to Use With Other Skincare
Treatments?**

For the most part, this therapy can be safely used along with

other skincare treatments, both natural and medicinal. This is a very safe skincare therapy and can be safely and effectively combined with just about every other skincare treatment, however, to ensure absolute safety it is important to talk to a doctor before administering treatment.

What are the benefits of Light treatments?

- Increased circulation
- Promotes collagen production
- Restoration of skin's natural cellular activity
- Encourages a natural chemical reaction within the skin, uniting hydrogen and oxygen to create moisture

What results can you expect?

- Skin surface becomes toned and youthful
- Delivers a healthy glow resulting from total□ skin rejuvenation
- Increased inner skin firmness
- Promotes anti-stress and overall feeling of wellness
- Accelerates skin repair
- Healthier circulation



7 COLOR PHOTON LED ION SKIN REJUVENATION ION MICROCURRENT BIO Nanometer Photon

Photon (bio-light) is a continuous spectrum that around 400nm to 1200nm. Simultaneously send out many kinds of light that effectively remedy different kinds of skin problems.

The Nanometer Photon is a non-invasive cold light without any side effects.

The photon may activate the human cell at 5 times of the growing speed, helps to convert the Glucose to ATP. The cell Metabolism

energy rises, consequently stimulates the collagens growth.

Different Types of Photon have different effects improvement on skin.

This ionizer functions proceeds the ion cleaning, as the head detector produces massive positive ion charges,

Skin accumulates dirt, like fat, air pollution, dust, and cosmetic residues, ect. The machine

Thus effectively

eliminates in-depth dirt to achieve a in depth cleaning effect.

Besides the device can also enhance circulation and activates lymphatic system cells and resume skin vigor and metabolism effectively.

The positive ion current also channels the nutrients ingredients to deeper levels of the skin. By that renews and activates skin elasticity. Enhances moister absorption.

Effect:

Red light:

Has a relatively long wavelength [600 – 700 nm. (visible – near infrared)], a slower vibration and a lower frequency, than all other colors.

In energy effects, it is the most stimulating of the colour rays and is related to: Blood, Root (Base) Chakra, Physical Sensations and Fire energy in the theory of the Chinese 5 elements.

It is suitable for all skin. Promotes blood circulation and collagen regeneration, so that the skin appears smoother, hydrated through improving dry skin, peeling and scar treatments. Hair follicles have been claimed to stimulate and

re-grow – alopecia showed some improvements.

Red frequencies/infra red are also used for skin rejuvenation, wound healing, skin toning, skin smoothing, muscular aches and pains, carpal tunnel syndrome, frozen shoulder, arthritis and body ulcers.

- Suitable for any skin to achieve a healthy glow.
- Promotes blood circulation.
- Regenerates collagen, making skin healthier.

Blue light:

Has a wavelength of 450-475nm. The Blue light activates the bacteria-fighting militia called porphyrins. The porphyrins start a chemical reaction that produces peroxide, which destroys the acnes bacteria. The bacteria are destroyed by a thermal reaction. It also enhances collagen rejuvenation.

Blue color light is suitable for sensitive, oily skin and eases acne bacteria, assisting the removal of acne. Promoting collagen and bone protein synthesis, activates the health of the skin, tightening slack skin and firming.

Blue light assists in relieving sunburn, pimples and acne. Heals enlarged pores from blackheads and facial scarring.

Blue frequencies are also used for inflammation, acne, cold sores, pimples, bumps, spots, and mouth ulcers.

- Suitable for sensitive, oily skin and dehydrated skin.
- Assists in reducing acne bacteria, resulting in the removal of acne.
- Promotes bone collagen protein synthesis.
- Activates the skin, resulting in a tightening of lax skin.
- Can be used to stimulate the *Yintang* point (in between the eyebrows) to create a sedative effect, relaxing the body and mind.

- Soothes pain.
- Calms bleeding.

Yellow light:

Reduce spots and freckles, restrain melanin. Treats redness, and is also used for its soothing, draining and detoxifying properties. Improves the lymph and blood circulation system. For clients with markedly sagging facial muscles

Green light:

Improve sensitive skin, shrink skin pores. Reduces pigmentation through penetration into the basal layer.

Purple light:

Dispel and restrain superfluous hair on the body. This will plump and tighten skin to reduce wrinkles and fine lines.

For clients in pain at the time of treatment

White light:

Dispels inflammation and get rid of pimples and dermatitis conditions. A full range and contains all colors so it produces A composite of the benefits for the primary colors.

Light Blue:

Dispel and restrain small wrinkles and crow's-feet. Improves acne prone skin with its purifying and anti-bacterial properties, reduces the amount of oil in the pores and aids in improving a clear complexion

Young Living Skin Care



A•R•T Beauty Masque and A•R•T Renewal Serum

The benefits of both of these products, and specifically the use of the orchid flower, are based on thousands of years of Chinese herbal medicine. It is believed that orchids have the ability to absorb and retain moisture and adapt well to many extreme environments. The longevity of the flowers is the key benefit that is utilized for skin care.

Orchid extracts are used for their intense moisturizing effect and for their ability to help delay senescence—or natural aging—by supporting the strength of the skin's main proteins.

Another valuable ingredient found in our A•R•T orchid line is Japanese knotweed—a polygonum that has been traditionally used

for its wound healing properties and for its ability to support healthy skin and provide protection against the effects of free radicals. The Japanese use this plant in order to prepare a tea called Itadori, a word that means well-being. This and many other properties that may help generate youthful-feeling and -looking skin are found in the A•R•T orchid line.



The effect of essential oils in both orchid products is very beneficial. Both blends—[Stress Away™](#) in the Beauty Masque and [Sensation™](#) in the Renewal Serum—provide calming and soothing not only to the skin but also to the psyche and our emotions.



Use A•R•T Renewal Serum after cleansing your face morning and night. Be sure to follow up with your favorite Young Living moisturizer. Incorporate the Beauty Masque a couple of times a week to help promote a younger, healthier-looking you.

Here's to your health,

Luba Vozarova, PhD–YL Sr. Portfolio Manager Personal Care



A·R·T® Skin Care System

A·R·T® Skin Care System- Age Refining Technology – is a superior concept in skin restoration that combines the advanced technology of DNA recovery enzymes with a proprietary anti-aging Peptide Complex to reduce the look of fine lines and wrinkles, diminish age spots, even skin tone, and increase the elasticity and density of skin. Recognizing the incredible power of essential oils, Young Living added frankincense and sandalwood to this unique formula to reinforce DNA renewal. Add the legendary wolfberry seed oil, known for its superior moisturizing and skin conditioning properties, and you have the formula for a truly unique and effective skin care system.

A·R·T Skin Care System includes Day Activator (30 ml), Night Reconstructor (30 ml), Gentle Foaming Cleanser (100 ml), and an instructional booklet



Young Living's ART Gentle Foaming Cleanser

Young Living's A·R·T® Gentle Foaming Cleanser cleans the skin without irritation or dryness and contains no harsh astringents. Its powerful foaming action gently lifts and captures makeup and oils, leaving the skin feeling clean, hydrated, and soft.

How to Use

Splash face with warm water. Dispense and lather a small amount of cleanser from pump. With wet hands, massage gently over face. Rinse thoroughly. To be used twice daily for a refreshing cleanse in the morning and a thorough cleansing at night. Suitable for all skin types. For maximum benefit, immediately apply Day Activator in the morning and Night Reconstructor in the evening to freshly cleansed skin.

Ingredients

Contains gentle surfactants (made from corn and coconuts) that are emulsifiers, foam producers, and cleaning agents. These "surface active agents" also bridge the gap between oil and water in products: sodium lauroamphoacetate and sodium methyl cocoyl taurate. Also contains skin-supporting essential oils of frankincense (*Boswellia carteri*), sandalwood (*Santalum album*), melissa (*Melissa officinalis*) Lavender (*lavandula angusifolia*) and German chamomile (*Matricaria recutita*).

Natural vitamin E and green tea leaf extract provide antioxidant power as well.



ART Purifying Toner

A·R·T® Purifying Toner helps support cleansing by removing unwanted oil, dirt, and impurities that can accumulate on skin. This remarkable formula includes frankincense and sandalwood for their ability to revitalize skin, lemon and peppermint to cleanse and energize, and melissa and lavender to soothe and balance.

How to Use

After cleansing with the A·R·T® Gentle Foaming Cleanser, sweep Toner over face with a cotton ball. Can be used in the morning and again in the evening. For best results, apply the A·R·T® Day Activator or Night Reconstructor cream over the Toner.

Shake well before use. Suitable for all skin types. For external use only. Store in a cool, dry place.

Ingredients

Deionized water, SD alcohol 38-B, pentylene glycol, hamamelis virginiana (Witch Hazel) distillate extract, glycerin, boswellia carterii† (frankincense) oil , santalum album† (sandalwood) oil, citrus limon† (lemon) peel oil, camellia

oleifera leaf extract, vitis vinifera (grape) seed oil, lavandula angustifolia† (lavender) extract, melissa officinalis leaf extract, aloe barbadensis leaf juice, retinyl palmitate, allantoin, polysorbate-20, mentha piperita† (peppermint) oil.



ART Day Activator

An extraordinary day cream, the ART Day Activator contains the superior Photolyase enzyme that uses visible light on damaged DNA. This light-bodied, water-based face and neck cream absorbs quickly and is perfect for wearing underneath makeup and sunscreen

How to Use

Day Activator: Apply in the morning after cleansing. Using fingertips, massage a generous amount (usually two to four pumps) of Day Activator over face and neck regions as needed. Suitable for all skin types. For maximum benefit, Day Activator should be used with Young Living's Gentle Foaming Cleanser and Night Reconstructor Cream. Day Activator should be reapplied after prolonged sun exposure.

Caution: As with any cosmetic, if you are currently being

treated for any skin condition consult your medical professional before using.

For external use only. Store in a cool, dry place.

Ingredients

Day Activator: Deionized Water, Pentylene Glycol, Glycerin, Glyceryl Stearate, Betaine, Cetearyl Alcohol, Caprylic/Capric Triglycerides, Lycium Barbarum† Seed Oil, Meadowfoam Seed Oil And Shea Butter, Aloe Barbadensis Leaf Juice, Phenoxyethanol, Chlorphenesin, Xanthan Gum, Sodium Stearoyl Lactylate, Carbomer, Tetrahexyldecyl Ascorbate, Tocopheryl Acetate, Polysorbate 20, Squalane, Dimethicone, Benzoic Acid, Dipotassium Glycyrrhizinate, Sodium Hyaluronate, Camellia Oleifera Extract, Chamomilla Recutitaf (Matricaria) Flower Oil, Retinyl Palmitate, Sodium PCA, Chlorella Vulgaris Extract, Algae Extract and Mugwort (Artemisia Vulgaris) Extract, Plankton Extract, Micrococcus Lysate, Palmitoyl Oligopeptide, Palmitoyl Tetrapeptide-3, Lecithin, Grape (Vitis Vinifera) Seed Extract, Santalum Album† (Sandalwood) Oil, and Boswellia Carterit† (Frankincense) Oil.



ART Night Reconstructor

Night Reconstructor is a powerful night recovery moisturizer that contains the unique endonuclease enzyme. This medium-bodied, water-based face and neck cream contains enhanced moisturizers for maximum hydration.

How to Use

Apply in the evening after cleansing and toning. Using fingertips massage a generous amount (2 to 4 pumps) of Night Reconstructor over face and neck regions as needed. Suitable for all skin types.

Caution: As with any cosmetic, if you are currently being treated for any skin condition consult your medical professional before using.

For external use only. Store in a cool, dry place.

Ingredients

Deionized water, pentylene glycol, glycerin, glyceryl stearate, betaine, lycium barbarium† seed oil, cetearyl alcohol, meadowfoam seed oil and shea butter, aloe barbadensis leaf juice, phenoxyethanol, chlorophensin, xanthan gum, sodium stearyl lactylate, carbomer, tetrahexyldecyl ascorbate, tocopheryl acetate, polysorbate 20, squalane, dimethicone,

benzoic acid, dipotassium glycyrrhizinate, sodium hyaluronate, camellia oleifera extract, chamomile recutita (matricaria)† oil, retinyl palmitate, sodium pca, chlorella vulgaris extract, algae extract and mugwort (artemisia vulgaris) extract, micrococcus lysate, palmitoyl oligopeptide, pamitoyl tetrapeptide-3, lecithin, grape (vitis vinifera) seed extract, santalum album (sandalwood)† oil, and boswellia carteri (frankincense)† oil.



Wolfberry Eye Cream

Wolfberry Eye Cream™ may be applied morning and evening to ease the appearance of puffiness and dark circles around the eyes, and to promote skin tightening. Wolfberry Eye Cream is formulated from oil that is carefully extracted from the seeds of the Ningxia wolfberry. Rich in vitamin E and linoleic acids, wolfberry oil has unusual chemistry that makes it ideal for nourishing and hydrating skin. It is highly regarded by Asian women for its regenerative properties and its ability to protect aging skin and add luster to skin tone.

To complement your skincare regimen, make sure you are giving your skin the nutrients it needs.

Try including these foods as part of your healthy diet:

- Carrots

Carrots are packed with vitamin A, which is good for clearing up breakouts. It helps reduce the overproduction of cells in the skin's outer layer where dead cells and sebum can clog pores. Add nibbling on half cup of carrots a day to your snack

routine and reap these benefits!

Possible substitution: One cup milk or one slice of cheddar cheese.

- Dark Chocolate

As if we needed another reason to eat chocolate! Flavonols, the antioxidants in dark chocolate, can reduce roughness in the skin and protect against sun damage. It only takes a few ounces a day to get this antioxidant in your system—what a sweet benefit!

Possible substitution: Blackberries, cherries, blueberries, or raspberries (although you would have to eat a large amount).

- Flaxseeds

These seeds contain omega-3 fatty acids, known to diminish age spots and erase fine lines. Consuming just over two grams (just a teaspoon) will help prevent irritation and redness in the skin as well as contribute to better hydration. Try just sprinkling a teaspoon over oatmeal or veggies to get your daily dose.

Possible substitution: Flaxseed oil (1 tablespoon with sautéed veggies), salmon (4 ounces), or walnuts (1 ounce or about 14 halves).

- Green Tea

When green tea is hot, it releases catechins, a type of antioxidant that has anti-inflammatory properties. These antioxidant powers fade as it cools, so drink it while it's hot. Only two cups a day will help cells' resilience to sun damage, and may even help reduce sun damage.

Possible substitute: White tea.

—Rebecca Jarvis

Product Manager, Essential Living